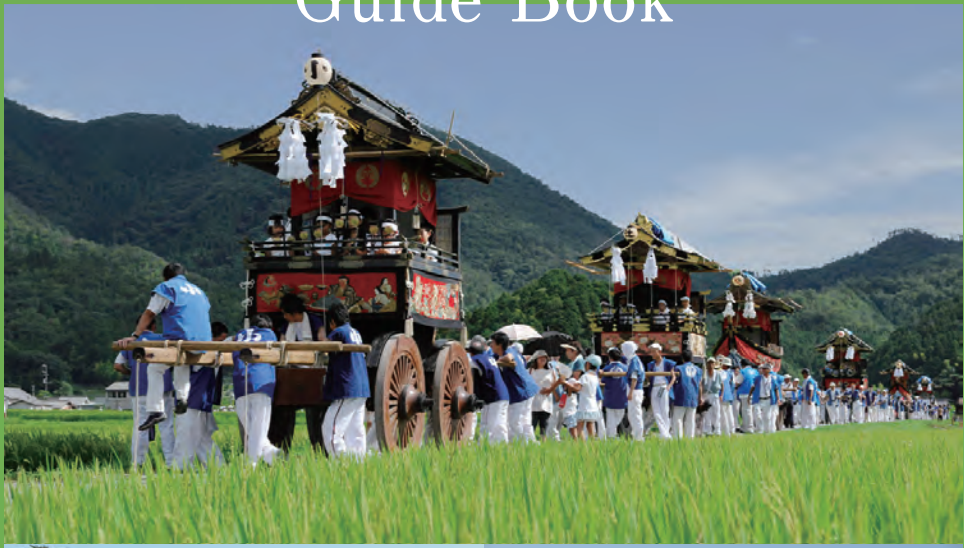




Living in TAMBA SASAYAMA CITY

Guide Book





Tamba Sasayama Dekansho Festival

Dekansho Festival is a widely known for festival of traditional folk songs. The mid-summer nights of August 15th and 16th are lively colored with fireworks every year.



Sasayama Castle Oshoin

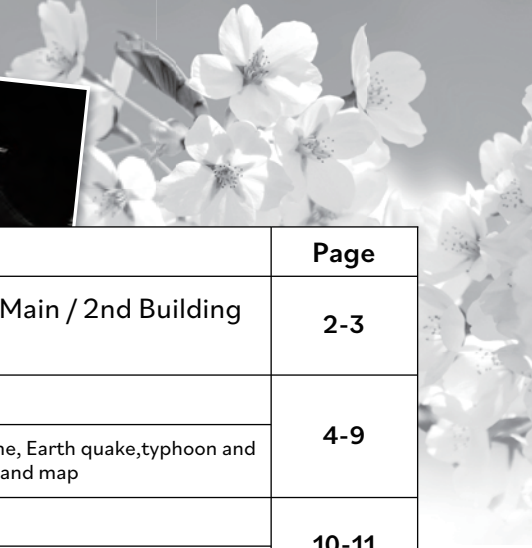
Sasayama Castle was built under the orders of Tokugawa Ieyasu on a small hill called Sasayama in order to capture Osaka Castle in 1609 (Keicho 14). The old architectural style and magnificent decoration are beautifully restored to present the mood and feel of the atmosphere of the past perfectly.



Samurai Residence Anma Family Information Center



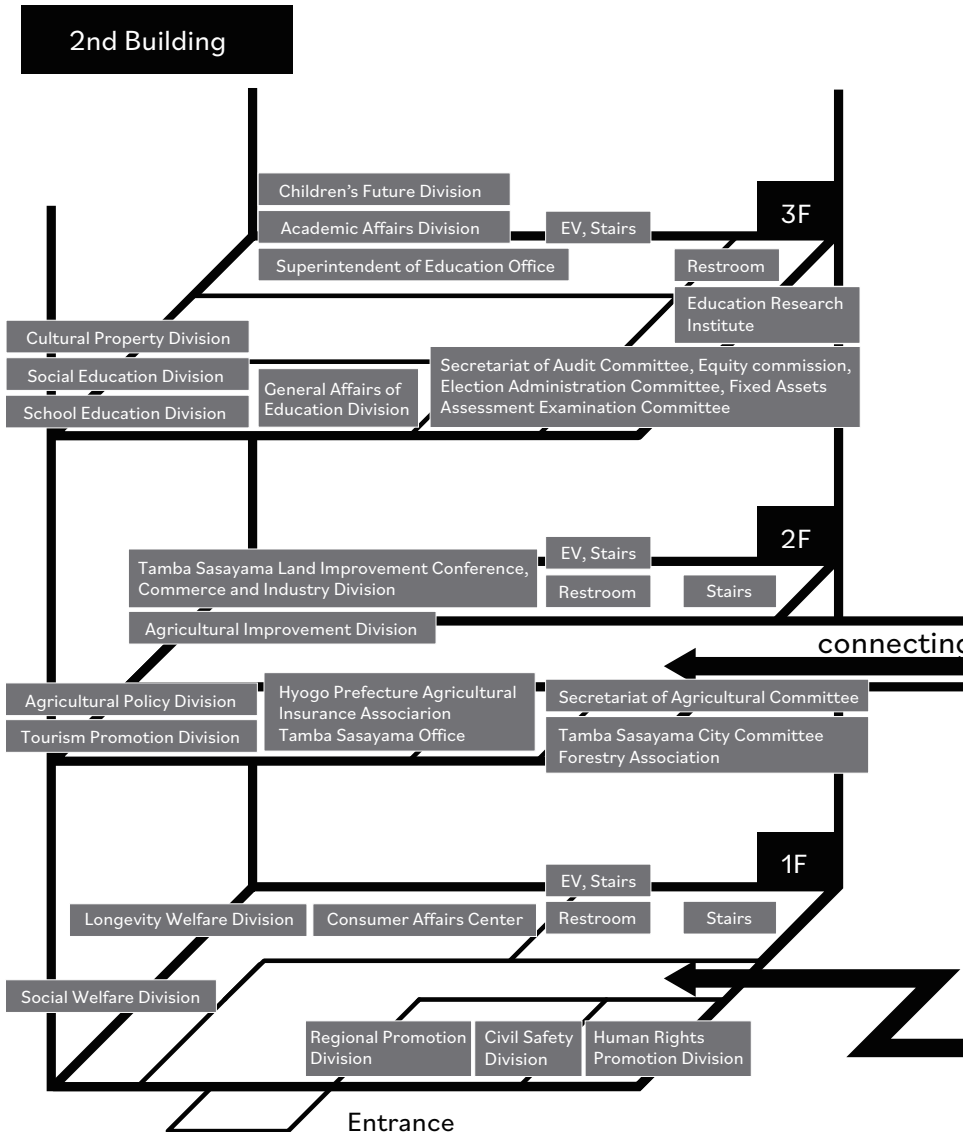
Tamba Sasayama City Historical Museum



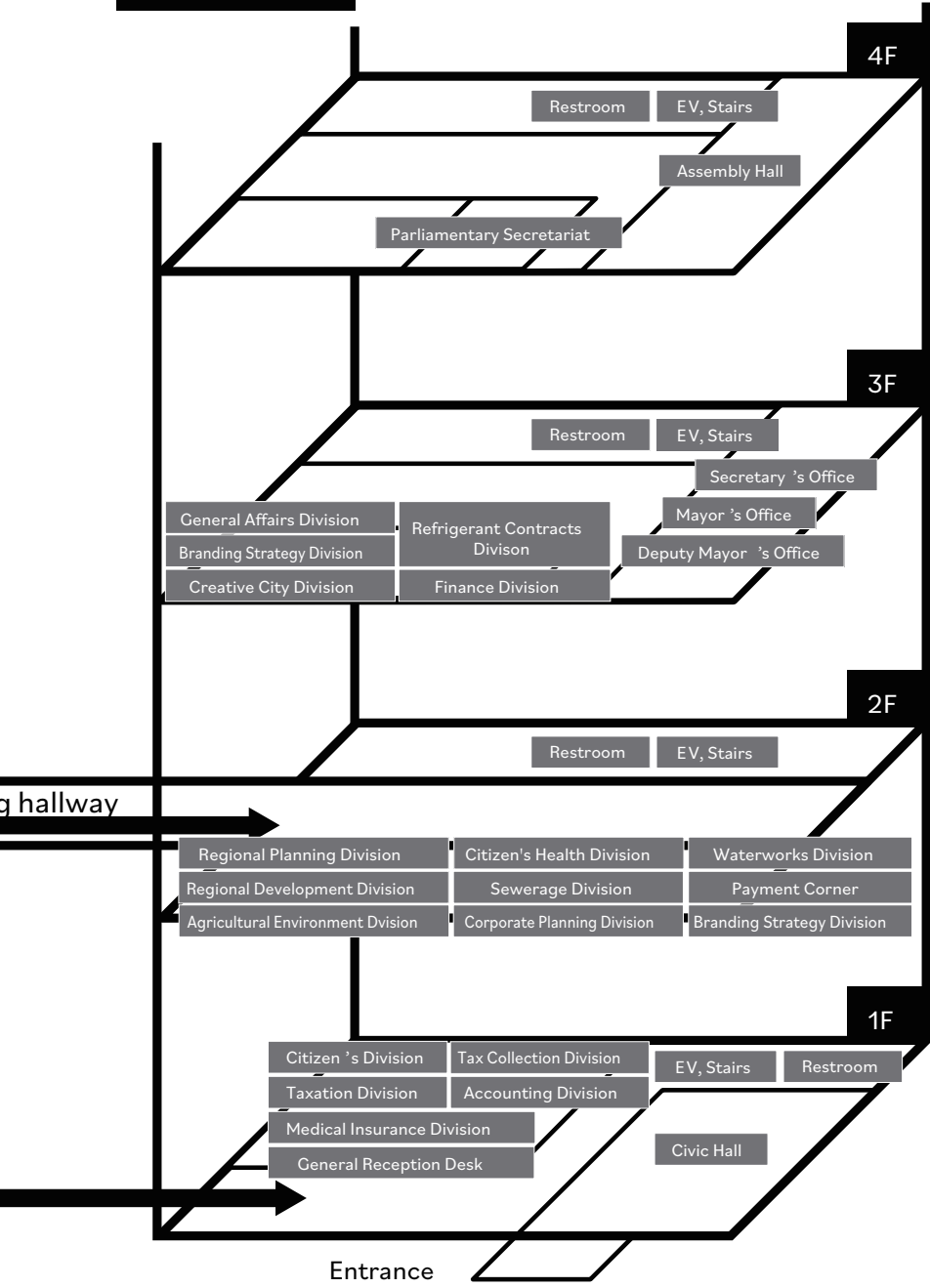
INDEX	Page
Location Map of Each Division in the Main / 2nd Building of Tamba Sasayama City Hall	2-3
Emergency and Disaster	4-9
Emergency numbers, fire traffic accidents and crime, Earth quake, typhoon and Landslide, How to get information, List of shelters and map	
Medical Institutions	10-11
List of medical institutions and map	
Essentials for Living	12-19
Garbage disposal, clean green tactics, pets, waterworks, sewerage, gas, bus and taxi aids, change of ownership for cars and moving	
Certification and Notification	20-24
Notification of family register, change of address, other procedures, seal registration and certificates, certificate of residence and family resister, certificate of tax, mail and after-hours services	
Pension, Insurance and Tax	25-34
National pension, national health insurance nursing insurance, medical care system for the later-stage elderly, city prefecture tax, property tax, automobile tax, due date to city tax and payment location, direct debit of city tax	
Parenting and Education	35-49
Pregnacy, birth, medical check-up, vaccination, temporary child care, preschool, certified center for early childhood education and care, kindergarten, child care at kindergarten, elementary and junior high school, after school child care, moving in, moving out, support for children, students and parents	
Welfare and Health	50
Welfare for the elderly and handicapped, medical check-up	
Events	51
List of annual ebents in Tamba Sasayama	
Public Emergency Numbers and Information	52
Emergency numbers for police and fire station, Tamba Sasayama City Hall, Sasayama International Center of Undrstanding	

Tamba Sasayama City Hall

Location map of each division in the Main/2nd Building of Tamba Sasayama City Hall



Main Building



Entrance

In Case of an Emergency or Disaster

• Emergency dialing for fires, emergencies, traffic accidents, crimes, etc.

Emergency numbers	Details to be given
☎ 119 (Fire Department)	Fire and Emergency Whether it's fire or first aid illness, injury. Address and landmark buildings, etc. Your name and phone number
☎ 110 (Police)	Traffic Accidents and Crimes A description of what happened. Location and address where it happened. Whether anyone was injured. Your name.

※ You can call 119, 110 from any landline, mobile, or a public phone.

※ When you press the “ emergency call button ” on a public phone, you don't need coins or cards.
Pick up the handset, press the red “ emergency call button ”, and then dial “ 119 ” or “ 110 ”.

■ Residential fire alarms

All homes are obliged to have smoke-type residential fire alarms. The bedrooms must have one installed.

■ Obtaining a traffic accident certificate

This certificate proves that there was a traffic accident and is required when filing a claim with your insurance company. Be sure to report the traffic accident to the police.

● Earthquake, typhoon and landslide disasters

■ Earthquake

Japan is one of the most earthquake-prone countries in the world. The magnitude of the earthquake is called seismic intensity, and there are currently 10 levels. The larger the number, the stronger the shaking.

When it starts shaking : If you are in the house, go to under your desk. If you are outside, stay away from things that might fall, such as concrete block walls.

When the shaking stops : Protect yourself for two minutes after the earthquake. Open doors and windows to create a way out.

Wear shoes to avoid injury from debris. Extinguish the fire. Shut off the gas valve.

When it is dangerous to stay in the house and you must evacuate.

If your house is about to collapse or fire is nearby, you must evacuate. Turn off the electric breaker.

Take your emergency item with you when you evacuate.

*Designated evacuation site map (P6,7)

■ Typhoons

Occurs between June and October, heavy rain and storms blow in.

It is important to keep shutters closed, bring in all flower pots and other objects on balconies and outside the house that are likely to be blown away. Do not leave the house in strong winds, check the latest weather information, and evacuate if advised to do so.

■ Landside

Typhoons, torrential rains, earthquakes, melting snow, etc. weaken soil in slopes and can cause large amounts of sediment to collapse in an instant. You need to be careful when it rains heavily during the rainy season or typhoons. Check the hazard maps of Hyogo Prefecture and Tamba Sasayama City.

(Hyogo Prefecture, CG Hazard Map) <http://www.hazardmap.pref.hyogo.jp/>

■ List of emergency items

Flashlight, portable radio, emergency food, drinking water, valuables, medicine, money, cash card, passport, residence card, health insurance card, clothes, underwear, masks, blankets, helmets, lighters, knives, can openers, plastic bags, towels, work gloves, etc.

■ Stockpile list

Drinking water (3 liters per person per day), (for 3 days), polyethylene tanks, tabletop stove, disposable dishware, disposable body warmers, blankets, rope, plastic sheets, cloth gummed tape

■ How to get information

Inquiries / Citizen Safty Division ☎ 079-552-1116 (2nd Building, 1F)

■ Hyogo Disaster Prevention Network

Hyogo Prefecture provides emergency information (earthquake, tsunami and weather warnings) and evacuation information via email.

You can receive information in English, Korean, Chinese, Portuguese, Vietnamese, Install the app “Hyogo Bosai” on your smartphone.

■ Tamba Sasayama Dekansho Disaster Prevention Network

You will receive an email with information on evacuation, lifeline damage, earthquake, and weather warnings from Tamba Sasayama City. Please register by clicking on the “ Notification Email ” link and clicking on “ Email notification → register / unregister ”.

<http://bosai.net/tambasasayama/>

■ Fire drills and disaster prevention training

To avoid panic in the event of a real disaster, participate in community drills and develop your disaster prevention skills.

■ Individualized plan “ Guardian Registry ”

In order to evacuate the elderly and disabled people who have difficulties evacuating on their own in the event of disaster, we are promoting registration of people who will support them (guardians and supporters) in the form of a “ guardian list ”.

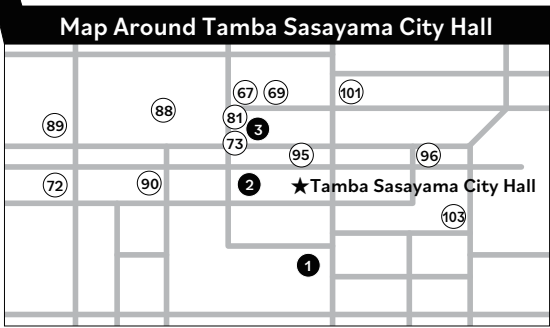
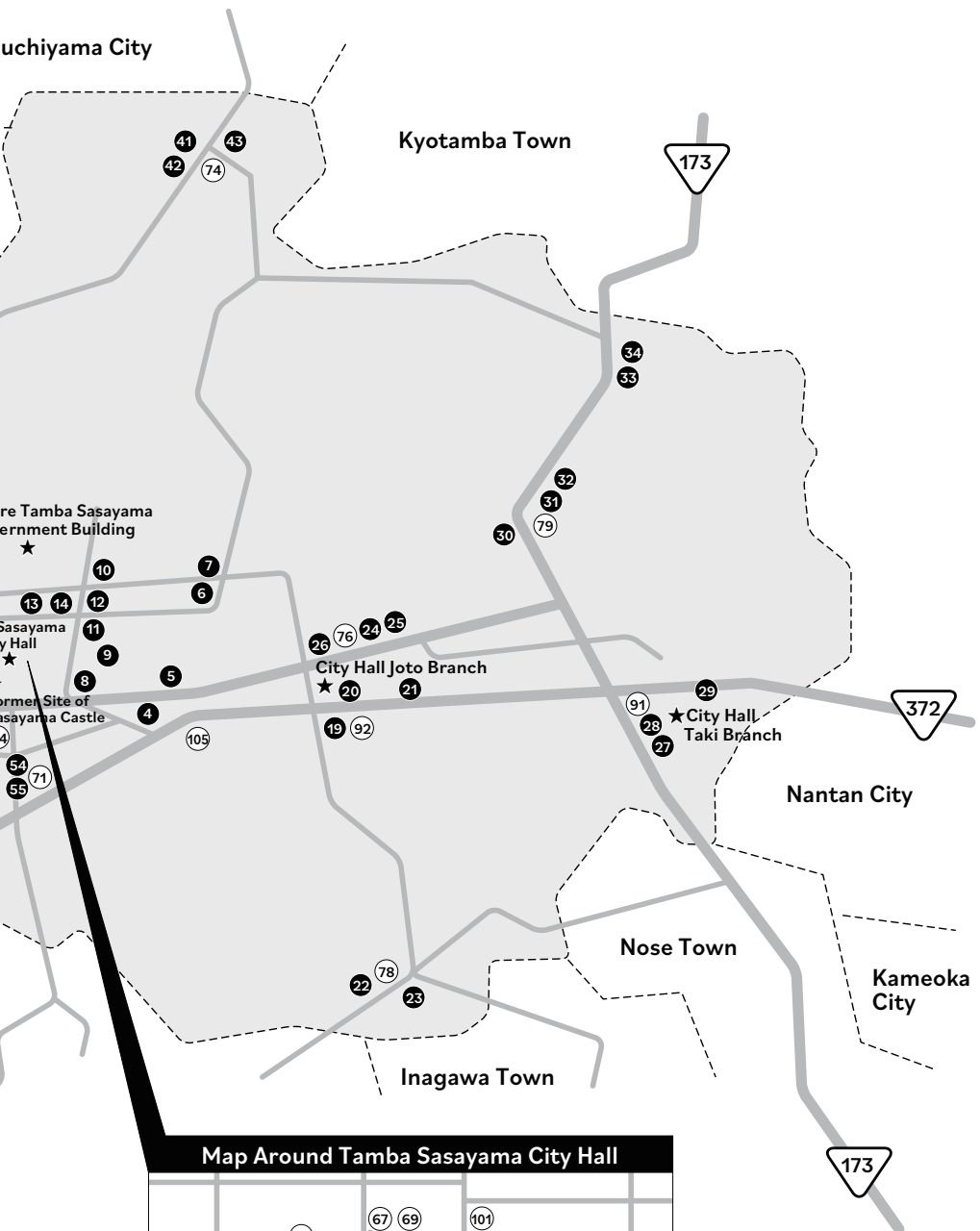
The subject people are as follows :

1. Physical disability certificate level 1 to 2 holders
2. Judgement A of the Ryoiku Techou - Level 1 of the Mental Disability Health and Welfare
3. Those who are certified as needing long-term care 3-4-5
4. Other people who need evacuation support in the event of a disaster (except for those who are institutionalized)

Tamba Sasayama City

Designated Evacuation Site • Medical Institution





List of Designated Evacuation Shelters

Tamba Sasayama City List of Designated Evacuation Shelters (★ is a Welfare Evacuation Shelter)

Area	Name
Sasayama	① Sasayama Elementary School Gymnasium (5, Kitashinmachi)
	② Denen Symphony Hall (41, Kitashinmachi)
	③ Tamba Sasayama City Chamber of Commerce and Industry Economic Exchange Center (58-2 Nikaimachi)
Yakami	④ Yakami Elementary School Gymnasium (89, Mochigatsubo)
	⑤ Takashiro Hall (83・84-1, Mochigatsubo)
Hata	⑥ Hata Sport Facility (324-2, Hatamiya)
	⑦ Mitake Hall (92-3, Seri)
Johoku	⑧ ★ Disabilities Overall Support Center Smile Sasayama (240-1, Higashisawada)
	⑨ Sasayama Junior High School Gymnasium (224, Higashisawada)
	⑩ Sasayama Homei High School Gymnasium (369, Okuma)
	⑪ ★ Sasayama Special School Gymnasium (120-1, Sawada)
	⑫ Johoku Hata Elementary School Gymnasium (89, Kurooka)
	⑬ Tamba Sasayama Civic Center (191-1, Kurooka)
	⑭ Tamamizu Hall (727-2, Kurooka)
	⑮ Sasayama Industrial High School Gymnasium (403-1, Gunge)
	⑯ Tamba Sasayama Overall Sport Center (451-4, Gunge)
Okano	⑰ Okano Elementary School Gymnasium (531, Higashihamadani)
	⑱ Okano Cultural Hall (Okano Community Center) (292, Nishiokaya)
Hioki	⑲ Joto Elementary School Gymnasium (162, Hioki)
	⑳ Joto Community Center (385-1, Hioki)
	㉑ B & G Marine Center (385-1, Hioki)
Shitsukawa	㉒ Former Shitsukawa Elementary School (477, Shitsukawakami)
	㉓ Shitsukawa Cultural Center (1251, Shitsukawakami)
Kumobe	㉔ Kumobe Local Community Activation Facility (2-1, Nishihonjo)
	㉕ Kumobe Public Hall (1, Nishihonjoza Nishinoyama)
	㉖ Sasayama Higashi Junior High School Gymnasium (1-1, Izumiaza Wakabayashi)
Fukusumi	㉗ Fukusumi Local Community Activation Facility (342-1, Fukusumi)
	㉘ Fukusumi Public Hall (344-1, Fukusumi)
	㉙ Sasayama Shinonome High School Gymnasium (1260, Fukusumi)
Murakumo	㉚ Heartpia Center (117, Saikusho)
	㉛ Taki Elementary School Gymnasium (108, Kusanokami)
	㉜ ★ Former Health Center (220, Kodanaka)
Okumo	㉝ Okumo Local Community Activation Facility (500, Naka)

Area		Name
Okumo	34	Okumo Public Hall (445, Naka)
Nishikiminami	35	Nishikiminami Elementary School Gymnasium (186, Kuroda)
	36	Nishiki Interaction Hall (70, Kawanishi)
Nishiki	37	Nishiki Gymnasium (110-1, Miyada)
	38	Nishiki Junior High School Gymnasium (175, Miyada)
	39	★Nishiki Elderly Welfare Center•Day Service Center (216, Miyada)
	40	Nishiki Elementary School Gymnasium (650, Noritake)
Nishikikita	41	Nishikikita Elementary School Gymnasium (123, Hongo)
	42	Village Center Shakunage Hall (159, Hongo)
	43	Kusayama Area Community Fire Fighting Center (250-2, Hongo)
Oyama	44	Oyama Elementary School Gymnasium (100, Oyamashin)
	45	Kawashiro Gymnasium (347, Oyamashimo)
Ajima	46	★Tannan Health Welfare Center(301 Agake)
	47	Shiki no Mori Lifelong Learning Center West Building (429, Agake)
	48	Shiki no Mori Lifelong Learning Center East Building (429, Agake)
	49	Tannan Junior High School Gymnasium (192, Ajimashin)
	50	Ajima Elementary School Gymnasium (97-3, Ajimashin)
	51	Tamba Sasayama Japan Agricultural Cooperatives Tamba Wide Agriculture Learning Center (430-1, Ozawa)
	52	Sumiyoshidai Community Fire Fighting Center (17-3, Sumiyoshi-dai)
	53	★Tannan Seimei Center (700, Nishikosa)
Jonan	54	Jonan Elementary School Gymnasium (120, Komakura)
	55	Jonan Gymnasium (131, Komakura)
Furuichi	56	Furuichi Elementary School Gymnasium (74, Haganoshinden)
	57	Furuichi Community Fire Fighting Center (682-2, Haganoshinden)
	58	Well Life Sasayama School Gymnasium (302, Minamiyashiro)
Konda	59	Konda Elementary School Gymnasium (61, Konda-cho Kamionobara)
	60	Konda Junior High School Gymnasium (11, Konda-cho Kondashinden)
	61	Konda Machidukuri Center (14-1, Konda-cho Kondashinden)
	62	Konda Gymnasium (14-1, Konda-cho Kondashinden)
	63	Konda Health Improvement Center (16-3, Konda-cho Shimotachikui)
	64	Tamba Traditional Crafts Park Tachikui Sue no Sato (3, Konda-cho Kamitachikui)
	65	Konda Yakushi Hop Spring Nukumori no Sato (21 - 10, Konda-cho Kondashinden)

List of Medical Institutions

You never know when your child might get sick.

If you have a family doctor you can consult with about whatever matter, you will feel at ease.

Tamba Sasayama City Doctor Association Medical Institutions

	Name	Address	Phone Number
66	Ashida Physician Clinic	1-7-2, Ozawa	079-590-1500
67	Ashida Dermatology Clinic	187-1, Kurooka	079-552-8300
68	Ishi Clinic	60-1, Kitanoshinden	079-596-0003
69	Ogiya Ophthalmology Clinic	186-1, Kurooka	079-552-8100
70	Okamoto Hospital	1015-1, Higashibuki	079-594-1616
71	Ojima Clinic	45-4, Kita	079-590-2350
72	Kawai Clinic	71-1, Kitashinmachi	079-552-0308
73	Kawai Orthopedic Clinic	182, Kurooka	079-552-6244
74	Kusayama Clinic	108-1, Hongo	079-592-0011
75	Kotoku Orthopedic Clinic	2-1-1, Ozawa	079-590-1510
76	Kobatake Physician Clinic	448 Nishihonjo	079-556-2800
77	Konda Clinic	17-1, Konda-cho Kondashinden	079-590-3050
78	Shitsukawa Clinic	477, Shitsukawakami	079-556-3735
79	Shino-nome Clinic	220-2, Kodanaka	079-558-0053
80	Sugimoto Born Clinic	64-4, Ajimashin	079-506-3753
81	Suda Physician Clinic	184, Kurooka	079-552-0338
82	Sunayama Physician Clinic	1828-1, Higashibuki	079-594-5677
83	Tatei Clinic	911-5, Higashibuki	079-594-0569
84	Tamaru Gynecology Clinic	404-1, Higashibuki	079-590-1188
85	Nakano Clinic	355-1, Udo	079-594-2211
86	Nishii Clinic	135, Haganoshinden	079-595-0221
87	Nishiki Memorial Clinic	575-1, Nishidani	079-593-1352
88	Hyogo Medical University Sasayama Medical Center	5, Kurooka	079-552-1181
89	Hirano Surgery Clinic	98, Inuishinmachi	079-552-0189
90	Majima Clinic	79-2, Kitashinmachi	079-552-0103
91	Yamadori Hospital	399, Fukusumi	079-557-0005

Tamba Sasayama City Dental Association Dental Clinic

	Name of Dental Clinic	Address	Phone Number
92	Amano Dental Clinic	320-1, Kamijuku	079-556-2123
93	Araki Dental Clinic	43-1, Kita	079-594-2855
94	Arimoto Dental Clinic	896, Gunge	079-552-8282
95	Izuka Dental Clinic	35, Gofukumachi	079-552-3393
96	Ojima Dental Clinic	139-1, Tatsumachi	079-552-3195
97	Kita Dental Clinic	277-3, Higashiokaya	079-552-4182
98	Dental Ishii Clinic	817, Kuroda	079-593-0001
99	Sugimoto Dental Clinic	383-1, Ozawa	079-594-0063
100	Tanaka Dental Clinic	1009-1, Ajimaminami	079-590-1182
101	Tabata Dental Clinic	207-6, Kurooka	079-552-7718
102	Nakata Dental Clinic	343-3, Higashibuki	079-594-2001
103	Nakamichi Dental Clinic	35, Tatsumachi	079-552-8148
104	Masuda Dental Clinic	394-1, Agake	079-594-2055
105	Moriguchi Dental Clinic	112-1, Yakamikami	079-556-3918

Emergency

• Clinics open on Holidays

Clinic Location: Tamba Sasayama City Holiday Clinic / 191 Kurooka (in Tamba Sasayama Civic Center)

Consultation Day: Sunday, Holidays and New Year's Day

Opening Hours: 10:00am - 12:00am / 1:00pm - 4:30pm

Inquiries: 079-552-8910

• Pediatric Emergency Telephone Consultation

Tamba Regional Pediatric Emergency Medical Phone Consultation

☎ 0795-78-9290

Consultation Hours : Monday-Friday 5:30pm-8:00am the next day

(Saturdays, Sundays and holidays, and the year-end and New Year's holidays 8:00am to 8:00am next day)

#8000

Consultation Hours: Monday-Saturday 6:00pm-8:00am the next day

(Sunday, Holidays, New Year's holidays 8:00am - 8:00am the next day
For dialing lines, call 078-304-8899)

• Children's Emergency Home Page

The Japanese Society of Pediatrics (Children's Emergency) <http://kodomo-qq.jp/>

• Poisoning 110

Consultation on acute poisoning, accidental ingestion of cigarettes, etc.

• Osaka Poisoning 110

(24 hours a day, 365 days a year, call charges are paid by caller) ※ Only in case of an accident ☎ 072-727-2499

• Dedicated Line for Cigarette Accident

(24 hours a day, 365 days a year, information provided by tape-recorded voice, call charges are paid by caller) ☎ 072-726-9922

Essentials for Living

In many cases, a personal seal is required for procedures at the City Hall. Just in case, please bring your seal or contact us at the time in advance.

How to Dispose of Your Garbage



Inquiries / Citizen's Health Division (Main Building 2F) ☎ 079-552-6253
Cleaning Center (168-2, Oyamashimo) ☎ 079-596-0844

Follow the rules on how to dispose of garbage at the designated trash station. The trash station should be kept clean with your cooperation. Please keep in mind to use it responsibly. Please check the "Garbage Separation Calendar" for how to dispose of garbage and the date of collection. The "Garbage Separation Calendar" can be found at the Citizen's Health Division of the City Hall and at point of contact at each branch office.

■ Rules for how to dispose of garbage

Rules	Contents
Purchase a designated garbage bag of Tamba Sasayama City	Designated garbage bags are sold at supermarkets, convenience stores, the city hall main office and branch offices.
Proper sorting	Garbage that is not in the designated garbage bag or unsorted garbage will not be collected. Please sort it by referring to the Garbage Separation Calendar.
Be sure to write your name on the garbage bag	Garbage that does not follow rules such as sorting will not be collected. You are responsible for the garbage you dispose of.
Keep the designated date	Dispose of garbage by 8:30 am on the day specified in the "Garbage Separation Calendar". Please do not dispose garbage from the day before.
Pay attention to the weight	The weight limit of one bag is 10 kg or less.
Drain fluid	Please drain the kitchen waste and leftover food thoroughly before disposing.


■Types of bags and separation

Bag color	What to put in	How to separate
White	Combustible garbage	Put the combustible garbage.
Pink	Plastic container packaging	Packaging / items marked with this symbol should be disposed of as "plastics". Wash and clean dirty items. If they cannot be cleaned, put them in the "combustible garbage" (white). 
Green	Recyclables Use the same green bag, but separate them into the three types on the right.	P(1) Put only "PET bottles" (e.g. PET bottles with a PET mark, etc.) 
		P(2) Put only "metals". (e.g. frying pans, dryers, irons, flat batteries, etc.)
		Put only cans and glass bottles. (e.g. food cans, degassed spray cans, juice cans and bottles, etc. except for cosmetic bottles and medicine bottles) Cans and glass bottles should be put together.
Yellow	Landfill waste	(e.g. glass, light bulbs, fluorescent lights, ceramics, cosmetic and pharmaceutical bottles, etc.)

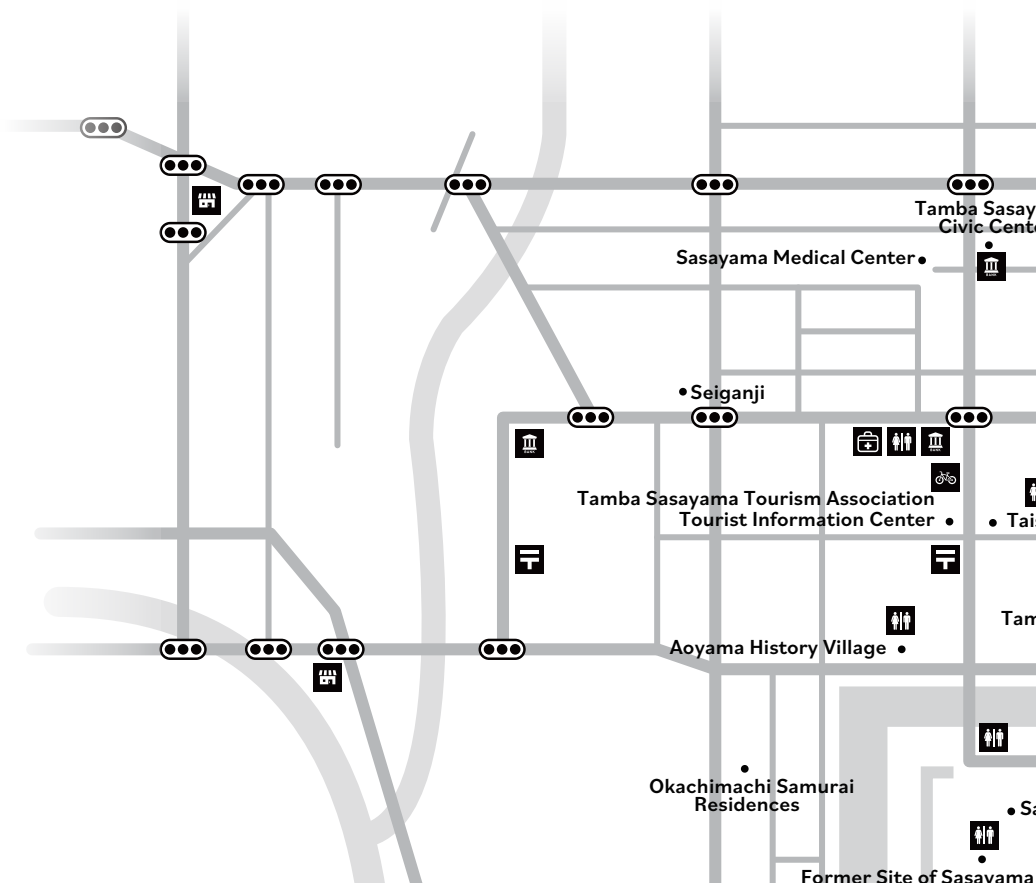
※Be sure to wash cans, bottles, PET bottles, and so on.

■Resource Collection depot (free of charge)

※We collect the following garbage which can be recycled

Place / Time	Place : City Hall 2nd Building and branches / Time : 7:00am - 10:00am Place : Cleaning Center / Time : 8:30am - 10:00am
Accepted Items	Newspapers, magazines, cardboard and other papers (with paper mark) bottles (brown, transparent, green), fluorescent light, batteries and button batteries, oil 

※bundle the papers with vinyl strings and wash the bottles before leaving them at the depot.

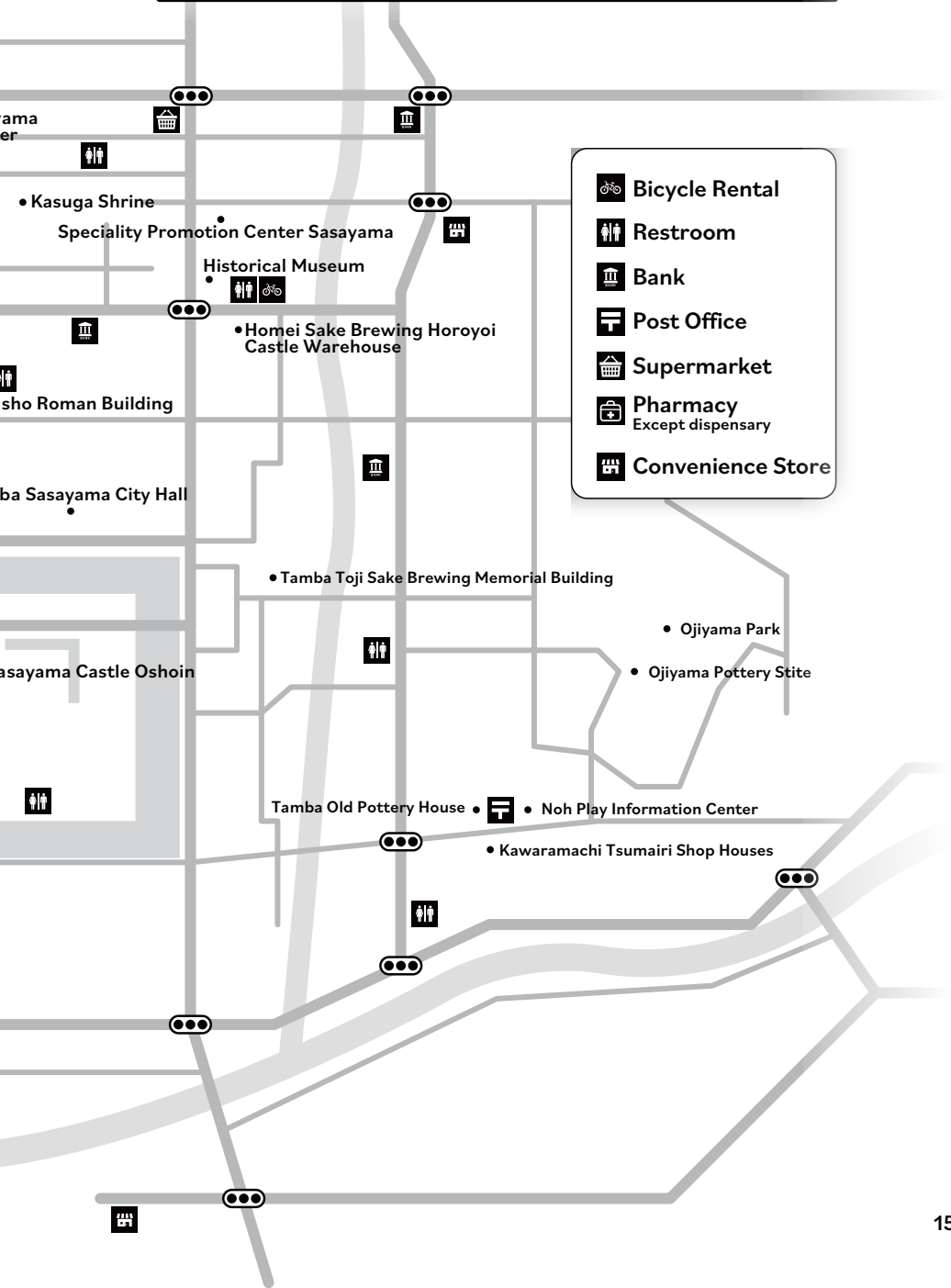


Traffic Inquiries

Bus	Shinki Green Bus Sasayama Sales Office	(079)552-1157	24, Mochigatsubo
	Taxi	Nihon Kotsu Sasayamaguchi Sales Office	(079)594-1188
Bicycle Rental	Sasayama Tourist Information	(079)552-3380	97, Kitashinmachi
	Historical Museum	(079)552-0601	53, Cofukumachi
	JR Sasayamaguchi Station Tourist Information	(079)590-2060	165-1, Ozawa
	Unitopia Sasayama	(079)552-5222	231-1, Yashiro

Amma Family Samurai Residence Information Center
Former Site of Amma Family Residence
(City Designated Cultural Property)

Tamba Sasayama Map



Essentials for Living

■ Rules for how to dispose of garbage

- Newspapers, magazines, cardboard, cloth, aluminum cans, bottles, etc., should be put out for collection by the parents' association or children's associations of elementary and junior high schools in your area.
- Some supermarkets have collection boxes for milk cartons, food trays, etc.

■ Taking your trash to the cleaning center (for a fee)

You can take your garbage directly to the garbage center. Check the "Garbage Separation Calendar" for holiday drop-offs.

Hours : 9:00-11:45 am and 1:00-4:00 pm on weekday.

Operation Clean Green

Inquiries / Citizen Sanitation Division (Main Building 2F) ☎ 079-552-6253

To create a beautiful, litter-free environment, we carry out "Operation Clean Green" twice a year and clean up the community. Please pay attention to the circular notice, and cooperate in the environmental beautification activities.

When You Keep a Pet

Inquiries / Citizen Health Division (Main Building 2F) ☎ 079-552-6253

Pets are important to us, playing with and sometimes healing. When keeping an animal, please care for them with love and responsibility until the end of their lives.

■ The rules of keeping a dog

- (1) Dogs must be kept connected with a lead. It is forbidden to take a walk without a leash.
- (2) Be sure to take your dog's feces home when taking a walk. It is forbidden to leave them unattended.
- (3) Your dog must be registered. [Registration: your local veterinarian or Citizen Health Division]
- (4) You must give your dog a rabies vaccination once a year.
- (5) Train your dog not to bark from puppyhood.

■ The rules of keeping a cat

- (1) Put a collar and name tag on your cat.
- (2) Spay or neuter your cats to prevent overpopulation.
- (3) Keep your cats indoors.
- (4) Do not feed cats (stray) cats that you are not responsible for.

Waterworks

Inquiries / Fee Corner ☎ 079-552-1701

Management Planning Division (Main Building 2F) ☎ 079-552-5094

Water Supply Division (Main Building 2F) ☎ 079-552-5093

■ **Starting and stopping the use of water** : Be sure to follow the procedures when you start using water or have a long interruption in water service and when you change ownership of the water supply.

■ Payment

You will receive a payment notice every month, so please pay by the due date.

It is convenient to make payments by direct debit. Please go to your nearest financial institution to set up direct debit.

■ Meter reading

Every two months, a meter reader will check (read) your water meter and calculate your water bill. Please make sure the meter is easy to read. Also, if the water volume suddenly increases, there may be a leak.

■ Water leaks

Water may leak due to high temperatures in summer and frozen water pipes in winter. Turn off the water shutoff valve in the meter box and ask the water supply system contractor designated by Tamba Sasayama City to repair the leak. If you are living in a rented house, contact your landlord.

Also, leaks may not be limited to the visible area.

Turn off all the faucets in your home about once every 10 days to make sure that the pilot (silver panel) of the meter is not spinning.



Pilot mark [Pilot]

■ Segregation of water pipes

Inside of the house from the meter is under the responsibility of the user. In case of water leakage inside your home, the user will be responsible for the repair costs and water charges for the leak. Repairs should be performed by a water supply system repair company designated by Tamba Sasayama City on the city hall website. After the leak is repaired, a partial reduction in water charges may be possible under certain circumstances by submitting a certificate from the Tamba Sasayama City-designated water supply system installer and an application for reduction.





In addition, please be sure to inquire with the Tamba Sasayama City -designated water supply system installation company when constructing (new construction, extension, remodeling, or repairing) a water supply system.

Essentials for Living

Sewerage

Inquiries / Sewerage Division ☎ 079-552-5062 (Main Building 2F)
Corporate Planning Division ☎ 079-552-5094 (Main Building 2F)

The flow of the house drainpipes and the sewers is slow. Depending on what you flush, they can easily become clogged and sewage may overflow from drains, gardens, and roads. Just like garbage, sort the drainage and try to keep the right way for usage in your daily life.

Don't Flush	
Oil It cools down and hardens, clogging the drainpipes.	Paper diapers and sanitary They absorb water and swell, blocking the drainpipes.
	
Cooking waste, leftover food, hair It will stay in the drainpipes and cause clogging.	Chemicals such as herbicides, etc. The function of the sewage treatment facility will be damaged.
	

If You Smell Gas

Gas leaks can lead to fires and explosions. If you smell gas, close the stopcock and open the windows immediately. Never touch the switches of ventilation fans or lights (No Fire). Contact your gas company.

Name Change of Your Car (Transfer Registration)

**Inquiries / Sasayama Private Automobile Association (120, Sawada)
☎ 079-552-0644**

When buying, selling, or transferring ownership of a car, it is always necessary to change the name of the car (transfer registration). Please be careful when transferring a car between friends or acquaintances.

If the transferred car causes an accident or violates traffic, the owner may get into trouble. The car tax will be charged to the owner. Also, when you let go of the car later, you cannot dispose of it unless the car is in your name. It is very troublesome to change the name of the car after returning to your country or moving. When you receive the car, be sure to change the name.

If you own or use a car (including a bicycle), you should also purchase voluntary insurance.

Moving

**In case of trouble / Tamba Sasayama City Consumer Affairs Center
☎ 079-552-1186 (2nd Building 1F)**

- **When moving in:** Before making a contract, check the property in person. Check both the "Contract" and the "Important Notice". To avoid troubles when moving out, it is a good idea to keep a record such as taking pictures of the property.
- **When moving out:** When you decide to move out, please inform your landlord or real estate agent as soon as possible. The amount to be borne is calculated under the "Guidelines for Restoration to Original Condition" by the Ministry of Land, Infrastructure, Transport, and Tourism.
- **Others:** Please contact each contractor for cancellation of electricity, gas, water, internet, etc. If you notify the post office of your change of address, your mail will be forwarded to your new address for one year.

Certifications and Notifications

Reason for the move: moving in, moving out, relocation, others. ()

is applicable due to the change, please proceed with the necessary procedure.

Details of the Procedure			Division in Charge and Location	Done
	National Pension	Enrollment, qualification changes, exemption applications, etc.	Medical Insurance Division [Main Building 1F]	
	National Health Insurance	Procedures such as enrollment, loss, and issuance of insurance cards		
	Medical Insurance System for the elderly aged 75 or over	Health Insurance Procedures for people over 75 years old		
	Health and Welfare	Infant care, disability care, geriatric care, maternal and child care		
	Long-term Care Insurance	Certification, Renewal Procedures, Insurance Premiums, Use of Services, etc.	Welfare General Consultation Service [2nd Building 1F] Social Welfare Division / Longevity Welfare Division	
	Child Allowance	Parents of children aged 0 to 15 (except for civil servants)		
	Childbirth Subsidies	Healthy baby birthday gift		
	Nursery, Kindergarten, Elementary, and Junior high school	Changes in the School District, Parent, etc.	Academic Affair Division / Children's Future Division [2nd Building 3F]	
Please follow the procedures for applicable items.				
Taxes		Tax payment, light vehicle matters, etc.	Taxation Division [Main Building 1F]	
Water Supply / Sewerage		Opening and closing the plug, name change, change in the number of people using the wellwater, etc.	Water Charge Corner [Main Building 2F]	
Municipal Housing		Change of residents of municipal housing, etc.	Regional Planning Division [Main Building 2F]	
Disability Certificate		Change of address when moving in or out, etc.	Longevity Welfare Division [2nd Building 1F]	
Vaccinations and Medical examinations		Infant vaccinations, infant health checkups, pregnancy checkups, subsidy tickets, etc.	Health Division [Tan-nan Health and Welfare Center] 301, Agake ☎ 079-594-1117	
Stable Iodine		Instructions on how to receive stable iodine, return of stable iodine	Citizen Safety Division [2nd Building 1F] ☎ 079-594-1117	

Notifications

Division in Charge / Citizen's Division ☎ 079-552-5242 (Main Building1F)

■ Please notify within 14 days when your address changes

Required documentation: Residence card, Certificate of moving-out (only required when moving in), Passport (when moving in from overseas)

Notification of moving-in (Living in Tamba Sasayama city)	Please bring the "Certificate of moving-out" from the town, city or village in which you were previously living.
Notification moving-out (Leaving in Tamba Sasayama city)	Take the "Certificate of moving-out" issued by Tamba Sasayama City to the city, town, or village where you are moving.
Notification of address change (Changing your address within Tamba Sasayama city)	Come to the city hall to notify your change of address.

■ Notification of birth (on the birth of child)

Please notify us within 14 days.

Required documentation: Birth certificate, Mother-and-baby notebook, personal seal

■ Notification of death (on the passing of your family members)

Please notify us within 7 days of learning of their death.

Required documentation: Certificate of death, personal seal

■ Notification of marriage and Notification of divorce

The necessary documentation and requirements for conclusion will differ depending on the country of origin of the husband and wife. Please discuss the situation with us at the counter.

■ Other procedures (changes to residence status, extension of period of stay etc.)

Location to conduct procedures: Osaka Regional Immigration Bureau, Kobe City Office

☎ 078-391-6377

Certifications and Notifications

Certificate of Residence

Division in Charge / Citizen's Division ☎ 079-552-5242 (Main Building1F)

People who registered their addresses in Tamba Sasayama City will be recorded on the certificate of residence. Foreign nationals with a residence permit of more than three months will be recorded on the certificate, so please use this for verification of ID and address.

Required documentation : Residence card or other documentation to verify your identity

Seal Registration

Division in Charge / Citizen's Division ☎ 079-552-5242 (Main Building1F)

There are occasions where you may need a seal registration certificate, such as when you purchase a car or rent an apartment.

How to register : You need to be older than 15, registered as a resident in Tamba Sasayama City, and arrive in person at the counter. (Inquire to us about how to use a proxy)

Required documentation : Personal seal to be registered and a method of personal identification, such as a Residence card, or Driver's license, in addition to a handling charge of 300 yen.

Seals that cannot be registered : Personal seals that do not identify your name or nickname, damaged seals, rubber stamps etc.

Certificate of Tax Payment

Division in charge / Tax Collection Division ☎ 079-552-6927

Certificate of Tax Declaration

Certificate of Tax Exemption

Division in charge / Taxation Division ☎ 079-552-5306 (Main Building 1F)

These are the documents required when making an application to extend your period of residence.

Required documentation : Personal identification such as Residence card, or Driver's license

Tax Payment Certificate for Light Motor Vehicle Inspection

Division in Charge / Tax Collection Division (Main Building 1F)
☎ 079-552-5306

This is the required documentation when having a vehicle inspection for your light motor vehicle.

Required documentation : Means of personal identification, such as Residence card or Driver's license

Various Certificates

Division in Charge / Citizen's Division (Main Building 1F)
☎ 079-552-5242

Type of certificate	Handling charges
Certificate of family register (Certificate of all records)	450 yen per copy
Abstract of family register (Certificate of individual records)	
Certificate of acceptance	350 yen per copy
Copy of residence certificate	300 yen per copy
Certificate of items stated in resident register	
Certificate of personal seal registration	
Certificate of tax payment / Certificate of tax declaration / Certificate of tax exemption	
Certificate of full payment	

Certifications and Notifications

Certificate Issuance Mailing Service

Inquiries / Citizen's Division (Main Building 1F) ☎ 079-552-5242

Taxation Division (Main Building 1F) ☎ 079-552-5306

Tax Collection Division ☎ 079-552-6927

If you are unable to go to the office on the opening day, you can use the mail service.

However, you need to contact the department in charge in advance, as it is also necessary to confirm the details.

- Certificates that can be requested through the mail service
- Copy of residence
- Certificate of family registration
- Certificate of tax payment, certificate of full payment, certificate of tax declaration, certificate of tax exemption, certificate of valuation of fixed assets for land and buildings, etc.
- Certificate of tax payment for light vehicle inspection (by the person or his / her authorized representative)
- To use the mailing service

Mail a detailed description of the required certificate, a fee (Postal money order : can be purchased at a post office), a stamped self-addressed envelope, and a copy of the applicant's identification documents to the Citizen's Division, Taxation Division, Tax Collection Division

After-hours Counter Services

(Citizen's Division at Main Building only)

- Extended Office Hours Service : Every Tuesday (only on days when the office is open)
17:15 - 19:00
- Sunday Counter Service : last Sunday of every month from 8:30 - 12:00 (except Sunday of December 29th - 31th)
- After-hours counter service handling duties
Certificate of residence, certificate of family register, personal seal registration, certificate of personal seals, impression, notification of change of address, receipt of my number card, certificate of earnings, certificate of tax payment, certificate of valuation, application for subsidies such as, oversized garbage collection, notification of water tap opening / closing, collection of water and sewage bills, notification of name change of water equipment user and owner (May not be handled depending on the content).

After-hours Issuance Service by Phone Reservations

Monday through Friday (only opening days) 17:15 - 20:00

Make an appointment with the Citizen's Division by phone by 16:00 on the day you wish for issuance.

Place of delivery : Main Office night-dutyroom

- Handling business of Issuance services for after-hours of telephone reservations
- Certificate of residence, certificate of personal seal registration, certificate of earnings, certificate of tax payment, certificate of valuation

Certificate Issuance Service at Convenience Stores

Available at convenience stores and other stores with multi-copy machines across the country.

- Who can use it
Those who have registered as residents in Tamba Sasayama City and have a My number card with the PIN number (four digits) of an electronic certificate for user verification.
- Available hours
6:30 - 23:00 (not available from December 29th to January 3rd and during maintenance)
- Certificates to be handled
Copy of residence certificate, certificate of items stated in resident register, certificate of personal seal registration, certificate of earnings (for those who are taxed in the city and whose income is taxed in the most recent year)

Pensions, Insurance and Taxes

National Pension

Inquiries / Medical Insurance Division (Main Building 1F) ☎ 079-552-7103
Nishinomiya Pension Office ☎ 0798-33-2944

The National Pension Plan provides a “basic pension” for the aged, disabled, and desased, as a basic pension benefit common to all citizens. The Employees' Pension and Mutual Aid Pension are pensions that are added to the “basic pension”.

All people between the ages of 20 and 60 who have a residence in Japan are subject to compulsory enrollment, and are classified as Category 1 to Category 3. In addition, there are those who are voluntarily enrolled in the National Pension Plan.

Although the National Pension Plan is mainly administered by the Japan Pension Service, enrollment procedures for Category 1 insured persons and voluntary members are handled by the municipalities.

Types of National Pension Insured

■ Insured person No. 1

Self-employed persons, farmers, students, unemployed, etc. (who are not members of welfare pensions, mutual aid associations, etc.)

- Enrollment procedures : Medical Insurance Department or each branch office
- Insurance fee : Paid by using Payment form sent by Japan Pension Service, or by account transfer or credit card

■ Insured person No. 2

Those who are enrolled in an employee pension plan or mutual aid association

- Enrollment procedures : at your place of work
- Insurance fee : Deducted from your salary as a social insurance fee

■ Insured person No. 3

Dependent spouse of a person enrolled in an employee's pension or mutual aid association

- Enrollment procedures : The spouse's place of employment
- Insurance fee : paid from the employee's pension plan in which the spouse participates (no individual payment)

■ Voluntary subscribers

You must be 60 years old or older and under 65 years old not participating in any other pension plan, Japanese residing abroad who are 20 years old or older and under 65 years old, Japanese residing abroad who are 65 years old or older and under 70 years old born on or before April 1, 1965 *If you meet the qualifications for the basic old-age pension, you are not eligible to enroll.

- Enrollment procedures : Medical Insurance Division or each branch office
- Insurance fee : paid by bank transfer, payment form or credit card

Pensions, Insurance and Taxes

Application for Exemption, Deferment, and Student Payment Exception Application

If you are insured under the National Pension Plan No.1 and have difficulty paying the insurance premiums due to low income or other reasons, you may be exempted from paying the insurance fee upon application.

※ Retirees and victims of earthquakes and floods may be exempted regardless of their income.

※ You can make an additional payment within 10 years of receiving this exemption or deferment. If you do not receive the exemption and your insurance fee has not been paid, you may not be entitled to the Basic Disability Pension or the Basic Bereaved Family Pension. For more information, please contact the Medical Insurance Section or the Nishinomiya Pension Office.

When notification is required	Type of notification	Notification Place	Requirements
Transferring in from abroad	Qualification notice	Medical Insurance Division [Main Building 1F] or each branch office	Personal seal, passports, etc.
When you get a job (joining an employee pension or mutual aid association)	Notification of dis-qualification	Medical Insurance Division [Main Building 1F] or each branch office	Personal seal, pension book, social security card
	Spouse's No. 3 insured qualification acquisition notification	Your place of work	Please contact your employer
When you retire	Qualification notice	Medical Insurance Division [Main Building 1F] or each branch office	Personal seal, pension book, documents proving the date of retirement
	Notification of change of spouse's classification		
When you are removed from the support of your spouse	Notification of change of class	Medical Insurance Division [Main Building 1F] or each branch office	Personal seal, pension book, certificate for termination of dependent

When notification is required	Type of notification	Notification Place	Requirements
When you turn 60 years old	Disqualification of the first insured person, but no notification is required. Insurance fee must be paid until the month before the month of birth		
When you turn 65 years old	Request for arbitration of the basic old-age pension (requests for acceleration from age 60 or deferral after age 66 are also possible)	Medical Insurance Division or each branch office for those who are only in No.1 insured person period (or Nishinomiya Pension Office for others)	Personal seal, pension book, bankbook in the name of the claimant, certified copy of family register, certificate of residence (My Number Card), etc.
When someone pass away	Notification of the death of the No.1 insured person	Medical Insurance Division [Main Building 1F] or each branch office	Personal seal, pension book, bankbook in the name of the claimant, certified copy of family register, certificate of residence (My Number Card), etc.
	Claims for Basic Bereaved Family Pension		
	Widow's Pension Claims		
	Claiming a lump-sum death allowance		

Pensions, Insurance and Taxes

National Health Insurance Inquiry

Inquiries / Medical Insurance Division (Main Building 1F) ☎ 079-552-7103

In order to ensure that you can receive reliable medical care, this is a system in which members pay insurance tax according to their income to cover medical expenses. It is funded by subsidies from the national and prefectural governments, as well as the National Health Insurance tax that you must pay. If you are delinquent in paying the insurance tax without any special reason, you may be subject to measures such as suspension of the insurance of a short-term certificate, eligibility certificate, or benefits. Please make sure you pay the tax by the due date.

National Health Insurance Tax Due Date

Regular collection = payment at the counter or at a convenience store or direct debit with a payment slip

1st Period / Full Period	2nd Period	3rd Period	4th Period
July 31st	August 31st	September 30th	October 31st
5th Period	6th Period	7th Period	8th Period
November 30th	December 25th	January 31st	End of February

※If the payment is due on a Saturday, Sunday, or a national holiday, it is due on the following weekday instead.

Special collection = payment from the pension (for households headed by a head of household between 65 and 74 years old, where all members of the national health insurance are 65 years old or older).

April period	June period	August period	October period	December period	February period
April 15th	June 15th	August 15th	October 15th	December 15th	February 15th

※If the 15th is a Saturday, Sunday, or a national holiday, the weekday immediately before the 15th is the payment date (pension delivery date).

■ Who needs to enroll

If you do not have any other health insurance such as company insurance, you must enroll in the National Health Insurance.

■ The application should be done promptly

If you forget to apply for National Insurance, you will be asked to go back to the time of loss of eligibility for social insurance and other benefits and pay the insurance tax.

■ Who pays taxes?

The national health insurance tax is levied on each household, and the taxpayer is the head of the household. Therefore, a notice of payment is sent to the head of the household. Even if the head of the household is enrolled in the health insurance system at work, if any member of the household is enrolled in the National Health Insurance system, the head of the household is the one who is obliged to pay the tax.

■ When to start paying the tax?

- From the month in which you become eligible for the National Health Insurance (transferred from another municipality, withdrew from other health insurance)
- If you are late in reporting, you are required to pay the insurance tax back to the time when you obtained the qualification as a national health insurance holder.
- ※ If you have joined or withdrawn in the middle of the fiscal year the insurance tax will be calculated on a monthly basis (if you have joined, start from the month in which you joined ; If you have withdrawn, start from the month in which you withdrew). If you have difficulty in paying the tax by the deadline due to natural disasters or other reasons, please consult with the Tax Collection Division.

■ Benefits for medical treatment

When you get sick or injured, please present your National Health Insurance card to the hospitals and clinics that handle the National Health Insurance and receive treatment. The National Health Insurance will pay 70% of the medical expenses incurred. (For those who pay 30% of the cost)

- Co-payments (pre-school children: 20% / elementary school students to under 70 years old: 30%)
- 460 yen per meal is required (with a reduction for low-income earners)

Medical system for those aged 70 to 74 years old

You will be issued an “ elderly beneficiary certificate ” that shows the percentage of co-payments separately from the National Health Insurance card, and you are required to present it together with your insurance card at the reception desk of medical institutions, etc., starting the month following your 70th birthday (or the month if your birthday is on the first day the month).

Renewal of the Insurance Card

Renewals are due on December 1st of each year, and will be sent by simplified registered mail in late November.

(Renewals from 2021 onwards will be sent by simplified registered mail late July.)

Latter-Stage Senior Citizen Health Care System

Inquiries / Medical Insurance Division (Main Building 1F) ☎ 079-552-7103

75 years old (65 years old or older with certain disabilities and certified upon application) or older

Please contact the Medical Insurance Division for information on premiums, payment counseling, and how to pay them.

Pensions, Insurance and Taxes

Taxation Division

Inquiries / Tax Division (Main Building 1F) ☎ 079-552-5306 / ☎ 079-552-6927

City taxes play an important role in our lives as a source of funding for livable city development.

Municipal Citizen's Tax (Residence Tax)

The municipal citizen's tax is a tax to be paid to the municipality where you live as of January 1. It consists of a flat rate and income rate, and is based on the previous year's income tax returns and payroll reports. However, the tax is not levied in the following cases

- Those who had no income above a certain amount during the previous year.
- Those receiving livelihood assistance under the Public Assistance Act.
- In addition, people with disabilities, minors, widows, single parents, etc. can be eligible.

Reporting

- Municipal citizen tax reports must be submitted to the municipality where you live as of January 1st by March 15th of each year. However, the following people are not required to file a report.
 - Those who have filed an income tax.
 - Those whose income in the previous year was only salary or public pension and not subject to any kind of income deductions.
 - If you have no (or little) income during the previous year and you are a dependent of another person in the same household.

Property Taxes

Property tax is a tax imposed on owners of land, buildings, and depreciable assets in the city based on the value of their fixed assets as of January 1st. Owners of depreciable assets are taxed on a declaration basis and must report the status of their depreciable assets as of January 1st of each year by January 31st.

※ A “depreciable asset” is defined as any asset, such as structures, machinery, equipment, and fixtures, owned by a company or individual for business purposes.

■ Pricing and public inspection

The value of land and houses is determined every three years in the base year (or the following year if there is a change in the land category or a new addition to the house), and depreciable assets are registered in the tax register every year on the basis of a declaration. Taxpayers can view the registered values and other information in the public ledger (The period is from April 1st to the date of the first payment deadline).

Light Vehicle Tax

The light vehicle tax is a tax on owners of motorized bicycles, light vehicles, and small specialty vehicles as of April 1st of each year. If you own, transfer, or scrap your vehicle, or if you change the owner's address, you must report it within 15 days.

- ① Motorcycles (motorized bicycles) of 125cc or less, small special motor vehicles
Tamba Sasayama City Hall Main Office and Branch Offices
 - ② Motorcycles over 125cc
Hyogo Land Transport Department, Kobe Transport Management Department
☎ 050-5540-2066
 - ③ Light vehicles
Light Motor Vehicle Inspection Organization Hyogo Office ☎ 050-3816-1847
- ※ ② and ③ can also be processed by the Sasayama Private Automobile Association (☎ 079-552-0644).

Requirements for the transfer declaration of motorized bicycles and small special motor vehicles

Reason for the change		What you need
Registration	Purchased from a dealer	Certificate of sale, personal seal
	Transferring in from out of town Acquisition from those out of town	Scrapped vehicle certificate, personal seal by another municipality, personal seal or proof of transfer old license plate and old registration form (if in possession)
	Acquisition from those in the city ※ in case the vehicle has not been scrapped	Scrapped vehicle certificate, personal seal
Scrapped Car	Unusable Moving out of the city Transfer to those outside the city	Registration form, license plate, personal seal
Vehicle Theft		Certificate of acknowledgement of theft, registration form, personal seal

Pensions, Insurance and Taxes

Due Date of the City Tax

Type of Tax	Tax Deadline, etc.			
Municipal Citizen's Tax (Residence Tax)	1st Term	June 30th	3rd Term	October 31st
	2nd Term	August 31st	4th Term	January 31st of the following year
	Special collections such as from company employees are deducted in advance from the salary starting in June for a period of twelve months For recipients of public pension that are aged 65 and over who are taxed on local inhabitant tax, the tax amount related to the pension is deducted in advance from the pension six times a year			
Property Tax	1st Term	April 30th (Note)	3rd Term	December 25th
	2nd Term	July 31st	4th Term	The last day of February the following year
Light Vehicle Tax	May 31st			

(Note) In the case of the property tax revaluation fiscal year (every three years), the tax deadline for the first term is at the end of May.

When you have delinquent taxes, you have to pay the late fee in addition to the tax you should have paid. Also, if you leave the taxes unpaid, you will be subject to disposition for failure to pay taxes such as property seizure and public sale, so be sure to pay it by the tax deadline.

Location of Payment for City Tax

- City Hall Accounting Division, each branch (including Nishiki Branch Office)
- Sumitomo Mitsui Banking Corporation
- Tajima Bank
- Minato Bank
- Nakahyogo Shinkin Bank
- Hyogo Prefecture Credit Union
- Tamba Sasayama Agricultural Cooperative
- Japan Post Bank / Post Office (Limited to the 6 prefectures in Kinki)
- ※ If you are not in the 6 prefectures in Kinki and there is no location for payment nearby, please contact us, as we will mail you a postal transfer form that can be paid at Japan Post banks and post offices nationwide.
- ※ Payment can also be made at convenience stores nationwide.
- ※ You can also use apps to make the payment via smartphone. 4 ways via “LINE Pay”, “Pay Pay”, “Rakuten Bank App”, and “Pay B” (as of December 2020)

In Case of Payment Difficulties

In a situation where the payment of the taxes cannot be made due to catastrophes or other circumstances, there is also a system in which the payment can be postponed for a fixed period or divided into smaller payments, so as to be able to make the payment.

Reduction and Exemption of City Tax

In case you are approved of being unable to pay the city tax due to special circumstances, you can apply for a city tax reduction or exemption.

- System of Tax Administrators
If you are unable to pay taxes or file for tax returns due to being transferred abroad or returning to Japan, you can appoint a cooperation or an individual as your tax administrator.

Pensions, Insurance and Taxes

Other Contacts for Taxes

- National taxes such as inheritance tax and income tax
- Kaibara Tax Collector
518-1, Kaibara-cho Kaibara, Tamba City, 669-3392 ☎ 0795-72-1130

- Prefectural taxes such as vehicle tax and real estate acquisition tax
- Hyogo Prefecture Tamba Prefectural Tax Office
688, Kaibara-cho Kaibara, Tamba City, 669-3309
(Within Kaibara General Government Building) ☎ 0795-72-0500

City Tax Direct Debit

Inquiries / Tax Collection Division (Main Building 1F)
☎ 079-552-6927

- About Direct Debit
This is a system in which the city tax is automatically deducted from the account of the financial institution you applied for the entire term or every due date for payment. Please contact the tax collection group for inquiries on how to apply for it.

- Convenient at such times
 - You can save yourself the trouble of going to the city hall or financial institution.
 - Even forgetting the due date is no problem.
 - It is especially convenient for busy people and those who tend to be absent.

- Financial institutions for direct debit (the following bank's main offices and branches)
 - Sumitomo Mitsui Banking Corporation, Tajima Bank, Minato Bank, Nakahyogo Shinkin Bank, Hyogo Prefecture Credit Union, Tamba Sasayama Agricultural Cooperative, Japan Post Bank

Parenting and Education

Parenting begins the moment a little life is born in your belly. Take advantage of the system and start preparing to welcome your baby.

What to Do When You Find Out the Pregnancy

Name	Contents	Things you need	Where to Contact
Issuance of the Maternal and Child Health Handbook	A notebook issued to those who have registered their pregnancy. You can record from your pregnancy to infancy.	<input type="radio"/> Personal seal <input type="radio"/> Pregnancy Registration Form <input type="radio"/> My Number Card <input type="radio"/> Identification	Health Division (301, Agake) ☎ 079-594-1117
Consultations on pregnancy and childbirth	Consultations about pregnancy and childbirth by phone, in person, or visit.	—	Health Division (301, Agake) ☎ 079-594-1117
Subsidy for maternity health checkup costs	A subsidy ticket will be issued for the cost of the maternity health checkup. Eligible persons : Pregnant women who live in Tamba Sasayama City.	<input type="radio"/> Pregnant Women Health Check Application Form	Health Division (301, Agake) ☎ 079-594-1117
Dental check for the pregnant women	A subsidy ticket will be issued for the cost of the dental check up Eligible persons : Pregnant women and their husbands who live in Tamba Sasayama City.	—	Health Division (301, Agake) ☎ 079-594-1117
Tamba Sasayama City Childbirth Support Program	We will provide a childbirth support fund of 100,000 yen per pregnant woman to reduce anxiety about pregnancy and childbirth and financial burden so that children can be born and raised with peace of mind.	<input type="radio"/> Maternity Support Fund Application Form	Health Division (301, Agake) ☎ 079-594-1117
Before and After Childbirth Exemption System for National Pension Contribution	National pension contribution premiums for four months will be exempted from the month before the expected date of birth. In the month of the case of multiple pregnancies, the premiums for six months from three months before the month of the expected date of birth or the month in which the date of delivery occurs will be exempted.	<input type="radio"/> Personal seal <input type="radio"/> Pension Handbook <input type="radio"/> Maternal and Child Health Handbook	Medical Insurance Division (Main Building 1F) ☎ 079-552-7103

Name	Contents	Things you need	Where to Contact
Hyogo Specific Fertility Treatment Subsidy Project (Prefectural Project)	Hyogo Prefecture will subsidize treatment costs for couples who have undergone specific fertility treatment.	<input type="radio"/> Copy of residence certificate of the couple <input type="radio"/> Certificate of earnings, etc. Please contact the division for more information.	Tamba Health and Community Health Division (688, Kaibara-cho Kaibara, Tamba City) ☎ 0795-73-3767
Tamba Sasayama City Specific Fertility Treatment Subsidy Project	The city will subsidize the amount of the cost required for the treatment minus the subsidy from Hyogo prefecture, up to a maximum of 100,000 yen per treatment.	Please contact the division for more information.	Health Division (301, Agake) ☎ 079-594-1117

※Please contact the division in charge for details on what is required.

Parenting and Education

Mom and Dad's Class

Moms who are in the mid-term of pregnancy and their spouse can learn about how they can spend your pregnancy period, nutrition and dental health.

Place : Tannan Health and Welfare Center

Inquiries : Health Division (301, Agake) ☎ 079-594-1117

It consists of

- Lectures on pregnancy and giving birth
 - Dental check and teeth brushing
 - Meals during pregnancy and practice
 - Pregnancy simulation for Dad
etc
- ※ For details, check Health Calendar for All

Please use the Maternity Sign

The early period of pregnancy is very important for both moms and babies. Please use the National Maternity Sign to show that you are this period.

- ※ It will be handed out with the Maternal and Child Health Handbook



When a Baby is Born

The baby is an important member of the family. Protect them with care.

Things to Do When a Baby is Born

Name	Contents	Things you need	Where to Contact
Birth Registration	Inform within 14 days from the date of birth. Informant : Father or mother	<input type="radio"/> Personal seal of the informant <input type="radio"/> Maternal and Child Health Handbook <input type="radio"/> Birth registration and birth certificate	Citizen's Division (Main Building 1F) ☎ 079-552-5242 Application Main office and Branch office
Notification of Change for National Health Insurance	If you don't have medical insurance at work, you should apply for it when you register the birth.	<input type="radio"/> Personal seal <input type="radio"/> Maternal and Child Health Handbook	Medical Insurance Division (Main Building 1F) ☎ 079-552-7103 Application Main office and Branch office
Birth Report Postcard Registration	The postcard (pink) is attached on the back cover of the Maternal and Child health handbook. Be sure to report the birth.	<input type="radio"/> Birth report postcard	Health Division (301, Agake) ☎ 079-594-1117 Application Main office and Branch office
Child Allowance	Those who are raising a child between the age of 0 and before completing junior high school are eligible for this benefit. (The amount of payment depends on the age group and income) A renewal procedure is required every June.	<input type="radio"/> Personal seal <input type="radio"/> Bankbook in the name of the applicant	Social Welfare Division (2nd Building 1F) ☎ 079-552-7101 Application Main office and Branch office
Subsidy for Maternal Health Checkups	We will subsidize the cost of postnatal health checkups (Up to two times for a maximum of 5,000 yen)	—	Health Division (301, Agake) ☎ 079-594-1117
Subsidies for Newborn Hearing Test Costs	The cost of the newborn hearing test will be subsidized (up to 5,000 yen per newborn).	—	Health Division (301, Agake) ☎ 079-594-1117
Sukoyaka (Healthy) Baby Birthday Gift	A 200,000 yen birth gift will be provided to those who give birth to a third or later baby. Eligible persons : Fathers or mothers who have an address in Tamba Sasayama City and are willing to settle in the City for five years or more with their children after giving birth ※ The application period is within one year after delivery	<input type="radio"/> Personal seal <input type="radio"/> An indication of the transfer account	Social Welfare Division (2nd Building 1F) ☎ 079-552-7101 Application Main office and Branch office

Parenting and Education

Name	Contents	Things you need	Where to Contact
National Health Insurance lump-sum allowance for childbirth	If you have National Health Insurance and the cost of childbirth is less than the amount paid, the difference will be paid.	<input type="radio"/> Personal seal of the head of the household <input type="radio"/> Maternal and child health handbook <input type="radio"/> Delivery cost receipt <input type="radio"/> Bankbook in the name of the head of the household	Medical Insurance Division (Main Building 1F) ☎ 079-552-7103 Application Main office and Branch office
Infant and child health care system	For infants from 0 year old to the third grade of elementary school, medical expenses will be subsidized at the counter.	<input type="radio"/> Personal seal <input type="radio"/> Health insurance card 【In case of out-of-prefecture consultations】 <input type="radio"/> Personal seal <input type="radio"/> Health insurance card <input type="radio"/> Receipts from hospitals, etc. <input type="radio"/> Bankbook in the name of the applicant	Medical Insurance Division (Main Building 1F) ☎ 079-552-7103 Application Main office and Branch office

For Premature Babies

Name	Contents	Things you need	Where to Contact
Premature baby fostering services	Hospitalized care is provided to those deemed necessary by the doctor. Eligible for premature babies and infants born with premature physical development.	Please contact the division for more information.	Health Division (301, Agake) ☎ 079-594-1117
Prematurity and other home visits	The public health nurse will provide visiting guidance to premature babies who need assistance.	—	Health Division (301, Agake) ☎ 079-594-1117

※ Please contact the division in charge for details on what is required.

Hello Baby Visit

Inquiries / Health Division (301, Agake) ☎ 079-594-1117

Public health nurses or midwives visit all babies up to 4 months of age to provide weight measurement and child-care consultation services. You need to submit a “ Birth report postcard ” or contact the Health Division directly.

Medical Checkup and Vaccination

Your newborn baby is still very immature.

Get proper medical checkups and vaccinations and keep a healthy life style.

We will guide you individually if you have the target children.

Health Screening

Inquiries / Health Division (301, Agake) ☎ 079-594-1117

You can check the growth and development of your baby and consult about childcare.

Make sure to check it so that you don't forget to receive the benefit.

Medical Examination for 4 months old	Physical measurements, medical checkup, how to start baby food, developmental checks, and childcare consultations.
Infant health consultation	Consultation on growth, development, nutrition, and oral care for 10 months old.
Medical Examination for 19 months old	Physical and dental checkups / brushing and consultation on development, childcare, and nutrition.
Dental Examination for 2 years old	Dental checkup and brushing and consultation on development, parenting, and nutrition.
Medical Examination for 3 years old	Physical and dental checkups, brushing, early detection of eye and ear diseases, consultation on development, childcare and nutrition.

■ Baby food classes : reservation required

Parents with babies up to 6 months old can learn how to start baby food / to practice, oral care, and more.

■ Parenting consultation days : reservation required

Physical measurements, consultation on nutrition, and childcare upon request are available for infants and parents.

Parenting and Education

Vaccinations

Inquiries / Health Division (301, Agake) ☎ 079-594-1117

There are 2 kinds of vaccinations: regular vaccinations and voluntary vaccinations. This is a legal system difference, and medically there is no difference in the severity of the illnesses they prevent. It is important to receive a vaccination to prevent the disease. Please consult with your medical institution first.

	Regular vaccinations	Voluntary vaccination
Explanation	Conducted by the city under the Immunization Law, which you should receive.	Vaccinations that are not based on the Vaccination Law and are not legally required.
Types of vaccinations	Tetraspecies, Hib, Pediatric pneumococcus, BCG, Measles-rubella mixed (1st term), Chickenpox, Hepatitis B, Rota ※ Distribute a preliminary examination form Measles-rubella mixed (2nd term), Japanese encephalitis, Two-kind mixture, Cervical cancer preventive vaccine ※ Individually guided	Flu, Mumps, etc.
Fee	Free of charge For those within the target age range only	Paid However, Flu is subsidized. (From 6 months old to 3rd grade of junior high school)

※ Please contact the division in charge for details on what is required.

Temporary Childcare 【Tamba Sasayama Family Support Center】

Inquiries / Family Support Center (in Tamba Sasayama City Social Welfare Council)
(301, Agake) ☎ 079-590-1388

Those who need to receive assistance with childcare and who want to help with childcare can become members. We provide mutual support activities such as transportation to and from the nursery and temporary care.

※ There is a fee for use. Membership registration is required.

Tomiya Children Center Temporary Childcare Service

Inquiries / Social Welfare Corporation Tomiyama Association
Tomiya Children Center (708-2, Higashiokaya) ☎ 079-552-2349

When parents are unable to take care of their children at home due to work or ceremonial occasions, or when parents need to recover due to the psychological and physical burden of childcare, we will temporarily take care of the children at the center.

※ There is a fee for service.

Let's Play and Learn with Kids! Child Care [Fureai Center]

Name	Location	Phone number	Opening hours
Sasayama Child Care Fureai Center	385-1, Hioki (Inside the B&G Marine Center Gymnasium)	079- 556-2100	9:15 - 16:15 Monday to Friday
Tannan Child Care Fureai Center	429, Agake (Tannan Shoko Kaikan 1 F)	079- 594-1040	9:15 - 16:15 Monday to Saturday
Nishiki Child Care Fureai Center	216, Miyada (Nishiki Senior Citizen Welfare Center 1 F)	079- 593-1323	9:45 - 12:00 Wednesday
Konda Child Care Fureai Center	14-1, Konda-cho Kondashinden (City Hall Konda Branch 2F)	079- 597-2125	9:45 - 12:00 Tuesday

※ This service is intended for children from two months old to preschool age and their parents. Assigning a parenting adviser to relieve childcare anxiety. To support child-rearing, we conduct child-care-related services such as child-care consultation and child-rearing educational courses.

Main services

- Consultation on child care for parents with preschool children.
- Providing child-rearing educational courses and information.
- Child care group support activities, etc.



Tannan Children's Center

Inquiries / Tannan Children's Center (28, Nakano) ☎ 079-594-1003

A facility for infants and children to play and learn. There is a playroom, library, and children's playground nearby, which can be used from age 0 with adults.

The "Tsukushimbo Square" by the "Mother's Club" is held every Thursdays, and events are held three times a year. For more information, please contact the children's center.

Otowa no Mori Child Care Mom Field Petit Prix

Inquiries / Otowa Forest Child Care Mom Field (315, Ajimashin) ☎ 079-550-9036

A playroom for preschoolers, as well as event spaces for mothers and parents and children. Events are also being held for elementary school students during long holidays.

For more information

- Search on Facebook [Otowa no Mori Child Care Mom Field]
- Search on Instagram [Petit_Prix_0811]

Parenting and Education

Nursery School

Inquiries / Children's Future Division (2nd Building 3F) ☎ 079-552-1115
Application : Main Building, Branch Offices, and Nurseries

Nurseries are child welfare institution whose purpose is to take care of children on behalf of their parents. They take care of children between the ages of 0 and 3 years old who are unable to be taken care of at home. Not all children from families who wish to enroll in the daycare center may be accepted. In the event that the number of applications exceeds the capacity, we will set criteria for selection.

>> Requirements for Admission

- (1) The parents work outside the home during the day.
- (2) The parents work away from the child during the daytime at home but do other work than household chores.
- (3) The parent is pregnant or has just given birth.
- (4) The parents have other children in nursery school while on childcare leave and need to continue.
※ Until the end of the month of the child's first birthday.
- (5) The parents are ill, injured, or mentally/physically disabled.
- (6) The parents are constantly caring for the other family member living together who are ill for a long period of time, or mentally/physically challenged.
- (7) The parents are involved in recovery from an earthquake, windstorm, flood, fire or other disaster.
- (8) The parents have a condition similar to each of the preceding items as approved by the Board of Education.

>> Application: during November (collective application period)

The detailed schedule of the application will be announced in the city newsletter before the application period.

Required items : ○ Personal seal ○ Certificate of employment, etc.

※ Please contact the division in charge for details on what is required.

>> Fees for use

It depends on the age of the children and the income tax rate of the parents and others.

>> Fees for use

Name	Location	Phone
Takashiro Nursery School	108-1, Mochigatsuboko	079-552-2402
Joto Nursery School	445-1, Hioki	079-556-2300
Nishiki Nursery School	729-1, Noritake	079-593-0144
Konda Nursery School	72-1, Konda-cho Shimonobara	079-597-2200

Certified Center for Early Childhood Education and Care (ECEC)

Inquiries / Children's Future Division (2nd Building 3F) ☎ 079-552-1115
Application : Main Building, Branch Offices, and ECEC

ECEC is a facility that accepts both children who need childcare and those who do not, and provides education and childcare in an integrated manner. (A facility that combines the functions and characteristics of a nursery and a kindergarten.)

>> Requirements for Admission

- For long hours in childcare (morning to evening)
 - (1) The parents work outside the home during the day.
 - (2) The parents work away from the child during the daytime at home but do other work than household chores.
 - (3) The parent is pregnant or has just given birth.
 - (4) The parents have other children in nursery school while on childcare leave and need to continue.
 - ※ Until the end of the month of the child's first birthday.
 - (5) The parents are ill, injured, or mentally/physically disabled.
 - (6) The parents are constantly caring for the other family member living together who are ill for a long period of time, or mentally/physically challenged.
 - (7) The parents are involved in recovery from an earthquake, windstorm, flood, fire or other disaster.
 - (8) The parents have a condition similar to each of the preceding items as approved by the Board of Education.
- For short hours childcare (morning to early afternoon)

Taki and Ajima Children's Center : 4 to 5 years old in the same Elementary School district who wish to join

Sasayama and Tomiyama children's center : 3 to 5 years old who wish to join

>> Application : During November (collective application period)

※ The detailed schedule of the application will be announced in the city's newsletter before the application period.

Required items: Personal seal Certificate of employment, etc.

※ Please contact the division in charge for details on what is required.

>> Fees for use

It depends on the age of the children and the income tax rate of their parents or others.

>> List of Certified Center for ECEC

Name		Location	Phone
Public	Ajima Children's Center	75-1, Nishibuki	079-594-0181
	Taki Children's Center	109-1, Kusanokami	079-554-6700
Private	Sasayama Children's Center	2, Higashi shinmachi	079-552-5231
	Tomiyama Children's Center	708-2, Higashiokaya	079-552-2349

Parenting and Education

Kindergarten

Inquiries / Children's Future Division (2nd Building 3F) ☎ 079-552-1115
Application : Kindergartens

Kindergarten is a school based on the School Education Act, the same as elementary schools. In Tamba Sasayama City, the kindergarten is based on couple years nursery school system, and an "Admission Guide" and "Application for Admission" are sent to the parents of the children eligible. Please inquire in the case of admission in the middle of the school year or when transferring in.

>> Requirements for Admission

4 and 5 year olds living in the city. Admission to the kindergarten is determined by the place of residence.

※ There is no need to apply for admission to the kindergarten for four years old who are currently enrolled in the kindergarten.

Mainly required items : ○ Personal seal

※ Please contact the division in charge for details on what is required.

>> Fees (basic monthly fee per child)

○ Kindergarten meal fee 3,400 yen (※ Depending on the number of meals, it will be settled at the end of the year.)

※ In case of the second child and more, the fee will be determined separately.

>> List of Kindergarten

Name	Address	Phone Number
Sasayama Kindergarten	5, Kitashinmachi	079-552-2437
Yakami Kindergarten	89, Mochigatsuboko	079-552-6236
Tamamizu Kindergarten	89, Kurooka	079-552-3171
Okano Kindergarten	531, Higashihamadani	079-552-6233
Kayanomi Kindergarten	162, Hioki	079-556-2565
Nishikiminami Kindergarten	186, Kuroda	079-593-1600
Nishikikita Kindergarten	159, Hongo	079-592-0034
Oyama Kindergarten	99, Oyamashin	079-596-0099
Jonan Kindergarten	140-2, Komakura	079-594-4193
Furuichi Kindergarten	74-1, Haganoshinden	079-595-0889
Konda Kindergarten	1-3, Konda-cho Konda	079-597-2303

Kindergarten Childcare

Inquiries / Children's Future Division (2nd Building 3F) ☎ 079-552-1115
Application : Children's Future Division (2nd Building 3F) , Kindergartens

For kindergartners who have finished their kindergarten education and whose parents cannot take care of them at home due to work or other reasons, we provide them with an appropriate place to play and spend time and raise them in a healthy manner.

>> Eligibility for Admission

Children who are in a kindergarten that provides this Childcare and who fall into the following categories

- (1) The parents work outside the home during the day.
- (2) The parents work away from the child during the daytime at home but do other work than household chores.
- (3) The parent is pregnant or has just given birth.
- (4) The parents have other children in nursery school while on childcare leave and need to continue.
 ※ Until the end of the month of the child's first birthday.
- (5) The parents are ill, injured, or mentally/physically disabled.
- (6) The parents are constantly caring for the other family member living together who are ill for a long period of time, or mentally/physically challenged.
- (7) The parents are involved in recovery from an earthquake, windstorm, flood, fire or other disaster.
- (8) The parents have a condition similar to each of the preceding items as approved by the Board of Education.

>> Application : During November (collective application period)

- ※ The detailed schedule of the application will be announced in the city's newsletter before the application period. ※ Even for long holidays (spring break, summer break, etc.) use only, please apply during the application period.
- Mainly required items : ○ Personal seal ○ Certificate of employment, etc.
- ※ Please contact the division in charge for details on what is required.

>> Fees (basic monthly fee per child)

- Kindergarten childcare meal fees : 2,300 yen
- ※ If the child is the second or later child, or if it is only used during long vacations (spring break, summer break, etc.), the fee for use is determined separately.

>> List of Kindergarten Childcare

Name	Address	Corresponding Kindergarten
Shirotaki Club	445-1, Hioki (inside Joto Nursery School)	Kayanomi
Natsugurikko House	729-1, Noritake (inside Nishiki Nursery School)	Nishikiminami, Oyama
Kitakko House	159, Hongo (inside Shakunage Hall)	Nishikikita
Kusunoki Club	120, Komakura (inside Jonan Elementary School)	Yakami, Jonan
Uribo House	72-1, Konda-cho Shimonobara (inside Konda Nursery School)	Konda
Donguri House	74-1, Haganoshinden (inside Furuichi Kindergarten)	Furuichi
Kodomo no Oshiro (to be opened April 2021)	5, Kitashinmachi (inside Sasayama Kindergarten)	Sasayama, Tamamizu, Okano

Parenting and Education

Moving in, Moving out, and Relocating

Inquiries / Academic Affairs Division (2nd Building 3F) ☎ 079-552-5714

- >> When you move in
Please visit the City Hall or Branch Office to complete moving in procedures and then visit the City Board of Education. You will be issued a School Attendance Notice at the municipal Board of Education office.
- >> When you move out
Please visit the city Board of Education after you complete the moving out procedures at the City Hall or Branch Office.
If your assigned school would change, go to the City Hall of your new address to complete the transfer procedures and follow the instructions of the Board of Education of your new address.
- >> When moving within the city
Contact the school where your child is going to. If there is a change in school, a School Attendance Notice will be issued at Superintendent of Education Office.

After-school Children's Club (Children's Care)

Inquiries / Children's Future Division (2nd Building 3F) ☎ 079-552-1115
Application : Main Office, Branch Office and Children's Clubs

For children who cannot receive childcare at home after school due to their parents' work or other reasons, this program aims to provide a place to stay, make friends, teach life skills, and promote their healthy development.

>> Eligibility for Admission

- (1) The parents work outside the home during the day.
- (2) The parents work away from the child during the daytime at home but do other work than household chores.
- (3) The parent is pregnant or has just given birth.
- (4) The parents are ill, injured, or mentally and physically disabled.
- (5) The parents are constantly caring for the other family member living together who are ill for a long period of time, or mentally and physically challenged.
- (6) The parents are involved in recovery from an earthquake, windstorm, flood, fire or other disaster.
- (7) The parents have a condition similar to each of the preceding items as approved by the Board of Education.

>> Application : During November (collective application period)

- ※ The detailed schedule of the application will be announced in the city's newsletter before the application period.
- ※ Even for long holidays (spring break, summer break, etc.) use only, please apply during the application period.
Mainly required items : Personal seal Certificate of employment, etc.
- ※ Please contact the division in charge for details on what is required.

>> Fees (basic monthly fee per child)

○ Monday to Friday 6,000 yen

○ Monday to Saturday 8,400 yen

※ The fee will be deducted if used only during long vacations (spring break, summer break, etc.), used by more than 1 child per family, or if receiving welfare or childcare allowance.

※ Fee for snacks and others will be collected separately by parents' association.

>> List of After-school Children's Clubs

Children's Club	Address	Children Concerned
Sasayama Children's Club	5, Kitashinmachi	Sasayama, Yakami
Tomiya Children's Club	531, Higashihadamani	Okano
Johokuhata Children's Club	89, Kurooka	Jyohokuhata
Joto Children's Club	198-3, Hioki	Joto
Taki Children's Club	572, Kodanaka	Taki
Nishiki Children's Club	359, Uchisaka	Nishiki, Nishikiminami, Nishikikita
Oyama Children's Club	98, Oyamashin	Oyama
Ajima Children's Club	64-1, Ajimashin	Ajima
Jonan Children's Club	130, Komakura	Jonan
Furuichi Children's Club	1, Miuchi	Furuichi
Konda Children's Club	85-3, Konda-cho Konda	Konda

※ If you wish to join Jonan Children's Club, please apply to the club directly.

Parenting and Education

Support for Children, Students and Parents

Name	Contents	Things you need	Inquiries
School Aid System	A Program to help parents of students who are unable to attend school for financial reasons to support some of their schooling needs. Application procedures are required.	<input type="radio"/> Personal seal <input type="radio"/> Certificate of earnings (e.g. tax withholding slip or child support certificate)	Academic Affairs Division (2nd Building 3F) 079-552-5714 Each elementary and junior high school [Application] Each school
Child Allowance (Restated)	Paid to those raising a child between the age of 0 and the end of junior high school. (The amount paid varies depending on the age group and income level.) Need to be updated in June each year.	<input type="radio"/> Personal seal <input type="radio"/> Bankbook in the claimant's name	Social Welfare Division (2nd Building 1F) 079-552-7101 [Application] Main Office or Branch Office
Medical Subsidy Program for Infants and Children (Restated)	Subsidize the out-of-pocket medical expenses for infants and other children from 0 year old to third grade of elementary school. (No income limit.)	<input type="radio"/> Personal seal <input type="radio"/> Your child's health insurance card ※ If you are moving in from outside the city, and taxation from your previous address (as of January 1) for the person responsible for support.	Health Insurance Division (Main Building 1F) 079-552-7103
Children's Medical Expenses Subsidy System	Subsidize the out-of-pocket medical expenses for fourth grade elementary school students to third grade junior high school students. ※ There is an income limit for hospital visits only.	[In case of out-of-prefecture consultations] <input type="radio"/> Personal seal <input type="radio"/> Health Insurance Card <input type="radio"/> Receipts from hospitals, etc. <input type="radio"/> Bankbook in the name of the applicant	[Application] Main Office or Branch Office
Adaptive Guidance Classroom [Dream House]	Help children who want to go to school but are unable to go to school or who do not fit in to school life to regain their confidence and get back to school.	<input type="radio"/> Classroom Application Form	Dream House 079-590-8111 Inside the Nishiki Branch Office (240, Miyada) [Application] School

Raising Children in a Single-Parent Household

Inquiries / Social Welfare Division (2nd Building 1F) ☎ 079-552-7101
Medical Insurance Division (Main Building 1F) ☎ 079-552-7103

There is a system for single-parent households. Please contact the division in charge for details.

For Children with Disabilities and Illnesses

Inquiries / Social Welfare Division Disability Welfare Section
(2nd Building 1F) ☎ 079-552-7102
Medical Insurance Division (Main Building 1F) ☎ 079-552-7103

There is a system that is helpful for those living with children with disabilities and illnesses. Please inquire the division in charge for details.

Welfare and Health

Welfare for the Elderly and Disabled

Inquiries / Social Welfare Division Disability Welfare Section
(2nd Building 1F) ☎ 079-552-7102
Longevity Welfare Division Disability Welfare Section
(2nd Building 1F) ☎ 079-552-5346
Medical Insurance Division (Main Building 1F) ☎ 079-552-7103

- **Welfare for the elderly**
There are welfare programs available to citizens over 65 years old. Please inquire the division for details.
- **Welfare for the disabled**
There are welfare programs and systems available to people with disabilities. Please inquire the division for details.
- **Nursing Insurance**
The insurance premiums paid by people over 40 years old and public funds to cover the cost of nursing care services. For more information, please inquire the division for details.

Health Examination, etc.

Inquiries / Health Division (Tannan Health and Welfare Center)
(301, Agake) ☎ 079-594-1117

Center Health Examination, Medical Institution Health Examination, Specific Basic Health Examination
Examinations on Gastric Cancer, Gastric Cancer Risk, Lung Cancer, Colorectal Cancer, Prostate Cancer, Hepatitis Virus, Cervical Cancer, Breast Cancer (visual and palpation), Mammography (X-ray of the breast), Osteoporosis, Periodontal Disease, Tuberculosis, Asbestos are available.



Annual Events in Tamba Sasayama

January 1	Gancho Noh "Okina"
The earliest Noh performance in Japan, held at the Noh stage of Sasayama Kasuga Shrine on January 1 at around midnight every year.	
Early March	Tamba Sasayama ABC Marathon
Every year in early spring, many runners run along the Tamba Road around the site Sasayama Castle.	
Early April	Tamba Sasayama Cherry Blossom Festival
It is held near Sasayama Castle together with the spring Tambayaki Pottery Market and the Meiboku Henboku Market.	
Early April	Sasayama Kasuga Noh
Amidst falling cherry blossoms, the world of ethereal Noh and Kyogen unfolds on the Noh stage of Sasayama Kasuga Shrine, a national important cultural property.	
Late April	Nishiki Rhododendron Festival
Rhododendrons in full bloom, an exhibition and sale of Japanese and Western rhododendrons, as well as a trade show and a training session.	
Early May	"Yakimono no Sato" Spring Story
Various events are held at Tachikui Ceramic Art Village, Hyogo Ceramic Art Museum, Konda Yakushi Onsen Warmth Village and at each pottery sites.	
Early May	Tamba Sasayama Mountain Climbing Season
Climbing events to announce the arrival of the summer mountain season for climbing at the Taki mountain range, Yajurogatake and Mt. Oya.	
Early June	Daikokuji Temple and Tamba Tea Festival
Tamba Chatsubo Dochu, new green tea and fresh vegetables for sale, as well as a variety of new events such as tea-picking experiences and tea ceremonies.	
August 15th-16th	Tamba Sasayama Dekansho Festival
The Dekansho Festival is a nationally renowned folk song festival. Every year on August 15-16, the midsummer night in Tamba Sasayama is filled with a lively atmosphere.	
Late September	National Wheelchair Marathon
Wheelchair runners from all over the country will run on the course of the Sasayama Castle Site Marathon, officially approved by the Japan Association of Athletics Federations.	
Early October	Tamba Sasayama Taste Festival, Joto Taste Festival, Tamba Tannan Taste Festival, Taste Fair Rakuichi Rakuza
A variety of fun food events, such as the sale of black edamame and whole grilled Tamba Sasayama beef.	
Mid-October	Tamba Pottery Festival
Two days of art and tasting, where you can fully enjoy the pottery market of Tamba pottery and the autumnal flavors of Tamba.	
Early November	Climbing the Taki Mountain Range Alpine Route
Climb to the main peak of the Taki Alps, Mitake (793 m). Prayer at the Yamabushi and various events are also held in the Ottawa Square.	
Early November	Tamba Sasayama City Chrysanthemum Exhibition
Beautiful chrysanthemum flowers, mainly the "Onae Chrysanthemum", which is the flower of the former lord's affection, and were carefully raised, will decorate the venue.	

Public Emergency Dialing

Emergency number for police

☎110

Emergency number for fire department

☎119

Tamba Sasayama City Hall

☎079-552-1111

Sasayama International Center of Understanding

☎079-590-8125

Name

Address

Phone number

Tamba Sasayama City Life Guide Book April 2021

Published by Tourism Promotion Division, Tamba Sasayama City
41, Kitashinmachi, Tamba Sasayama City, Hyogo Prefecture, 669-2332
Phone:079-552-1111



Japan Six Old Kilns Tamba Ware

Tamba ware, along with Seto, Tokoname, Shigaraki, Bizen, and Echizen, is one of the six oldest kilns in Japan, and was recognized as a Japanese Heritage site on April 4, 2017.

Until the Momoyama era, “Anagama” was used, but around 1611, the Korean half-ground style “Climbing Kiln” was installed, together with the kicking rokuro (a left-rotating rokuro unique to Tamba-yaki pottery, which is rare in Japan) the traditional technique has been passed down to the present day.

In 1978, the kiln was designated as a National Traditional Craft under the name of “Tamba Tachikuiyaki”. Visitors can enjoy a gallery tour and pottery-making experience at the kiln.



Ojiyamayaki / Ojiyama Pottery

Specialities from Tamba Sasayama



Tamba Chestnuts

Tamba chestnuts are large and sweet, and are one of the best grade varieties among the hundreds of chestnuts. There are many ways to enjoy them, such as chestnut rice, chestnut confections with an elegant sweetness, and unique chestnut wine. Chestnuts are easily digested and considered as a health food.

Tamba Sasayama Black Edamame

Tamba Sasayama black edamame is the green pods of black beans that have not yet ripened to black when they are fully matured in the pods. It is the best grade edamame with large grains and high sugar content, and have unique richness and flavor.



Tamba Sasayama Beef

Tamba Sasayama is the birthplace of worldwide famous Kobe Beef. Originated from Tajima cattle, high quality beef cattle are produced in the rich natural environment with great care by using advanced fattening techniques.

Tamba Sasayama Yams

In contrast to its craggy appearance, it has a pure white and fine consistency when grated. It is ideal for use in yamakake, tororo soup and tororo rice. It is easily digestible and is a great meal for being sturdy and energizing. It work as the anti-fatigue and antihypertensive.



Tamba Sasayama Tea

Tamba tea is said to have been cultivated since the Asuka period, mainly in the "Ajima region", the No.1 tea producing area in Hyogo Prefecture, where the techniques and traditions of our ancestors have been passed on. The low average temperature and the "Tamba fog" slowly accumulates the flavor and produces sweet and delicious tea.

